

New med shows successful results in prevention of myocardial infarction and stroke



Xarelto (rivaroxaban) by Bayer completes Phase III COMPASS study. It shows successful results and overwhelming efficacy in the treatment of patients with coronary or peripheral artery disease.

Xarelto (rivaroxaban) is the first and only non-vitamin K antagonist oral anticoagulant. The drug is currently under assessment among high risk patients with coronary or peripheral artery disease. The major news announced by Bayer and Janssen (the developers Xarelto) is that the primary end point of the Phase III COMPASS study of the clinical trial has been met earlier. More importantly, **the results are “overwhelmingly” satisfying.** The medicine has shown positive safety and efficacy results for the prevention of major adverse cardiac events like cardiovascular death, myocardial infarction and stroke. The complete data analysis is to be announced later this year.

According to the competence of an independent Data Monitoring Committee, which has conducted an earlier analysis of the trial, the study has “reached its prespecified criteria for superiority”. In other words, Xarelto has proven to be more effective than predicted and with

superior safety profile. This will allow Bayer and Janssen, and the Population Health Research Institute to offer rivaroxaban to clinical trial participants in an “open-label extension trial”.

The importance of coronary artery disease and peripheral artery disease

Coronary artery disease (CAD) is the cause of 7.3 million deaths annually. It is the most common cause of cardiovascular disease in high income countries. More worrisome is that the number of people with this ailment is rising worldwide.

Peripheral artery disease is an important risk marker of cardiovascular disease, which often stays undiagnosed. More importantly, it affects over 27 million people in Europe and North America, and one fifth of the adults over 55 years. The numbers of affected people are also rising.

About Xarelto (rivaroxaban)

Rivaroxaban is the first and only non-vitamin K antagonist oral anticoagulant, which is used in the treatment of venous and arterial thromboembolic (VAT) conditions. It is approved for treatment of the following seven indications:

1. prevention of stroke and systemic embolism in patients with non-valvular atrial fibrillation
2. pulmonary embolism (PE)
3. deep vein thrombosis (DVT)
4. prevention of recurrent DVT and PE in adults
5. prevention of venous thromboembolism (VTE) in patients undergoing elective hip replacement surgery or
6. elective knee replacement surgery
7. prevention of atherothrombotic events after an Acute Coronary Syndrome in adult patients with elevated cardiac biomarkers and no prior stroke or transient ischemic attack (TIA) when co-administered with antiplatelet drugs.

About the clinical trial

The successful COMPASS study is the largest clinical trial of Xarelto and up to date it has enrolled 27,402 patients from more than 600 sites across more than 30 countries globally. The study was randomized, and patients received either rivaroxaban 2.5 mg twice daily in addition to aspirin 100 mg once daily, or rivaroxaban 5 mg twice daily alone, or aspirin 100 mg once daily alone. By the time of its completion, the extensive investigation study is expected to include more than 275,000 patients in both clinical trials and real-world settings.

Such major clinical trial is successfully and earlier completed due to appropriate management of data. Up to date, Bayer is utilizing effectively one of the clinical trial management systems on the market. The latter has shown to be productive in its data organization among the aforementioned 600 sites and 30 countries worldwide. The system allows for faster gathering of the results, thus allowing breakthroughs like the one of Xarelto. Regardless of the country or site where the trial is being conducted, the use of an appropriate CTMS integrates the entire data and simplifies what has been regarded as complex. In addition, more people globally could benefit of the treatment, since the results it shows are “overwhelming”.

If you haven't adopted a clinical trial management system yet, you have now a big opportunity of trying out and implementing our Clinicubes CTMS by becoming our partner. The good results behind the conduction of any clinical studies is hidden in the good management. As an effective and lightweight software, Clinicubes offers integrated solutions for every single aspect and phase of clinical studies. In its core, the CTMS is systematized, well-built and easy-to-use. Clinicubes provides with an easier way for collecting, retaining and archiving patient and scientific data. Clinical research professionals can also track deadlines, schedule visitations and monitor treatment progress. The system also contributes for increasing the productivity of the clinical research site and the number of successfully completed trials.

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